

About 25 students from the Lajes Middle and High School participated in the second annual Speech Fest. Page 3.

First Look

Mother's Day

A Mother's Day create-a-bouquet and bake sale is from 10 a.m.-6 p.m. Saturday at the commissary. Pre-sales for bouquets are Today from 1-6 p.m.

Fashion show

The Army and Air Force Exchange Service spring/summer fashion show is at 11 a.m. Saturday at the Ocean View Base Exchange.

Cinco de Mayo

The Organization of Latin Americans is having a Cinco de Mayo Fiesta Celebration at 3 p.m. Saturday at Fiddler's Green. Admission is free and there will be authentic Mexican food plates for \$5, music, contests and piñatas for the kids. For more information call Staff Sgt. Martha Mitchell at 2-4273.

Art auction

The 7th Annual Art Auction is at 1 p.m. Saturday at the Lajes Youth Center. The art will be on display at noon.

Thank you

The 65th Medical Group would like to thank all registered nurses for their dedication and commitment. Today is National RN Recognition Day. The recognition day is to raise awareness of nursing and help educate the public about the role nurses play in meeting the health care needs of the American people.

Preflight

■ **Days since last DUI ... 18**
 ■ **DUIs since Jan. 1 2**
 ■ **Current AEF..... 5 & 6**
 ■ **Current FPCON Alpha**
 ■ **Combat Nighthawk:**
Capt. Jacob Push, 65th Air Base Wing; Master Sgt. Daryl Fisher, 65th Logistics Support Squadron



Lt. Gen. Arthur Lichte, U.S. Air Forces in Europe vice commander, hands the guidon to Col. Robert Winston, 65th Air Base Wing commander, during the change of command ceremony Wednesday. (Photo by Master Sgt. Michael Featherston)

Command changes at Lajes

By Capt. Yvonne Levardi
Chief, public affairs

The sub-unified command U.S. Forces Azores was disestablished, major repairs on the Praia breakwater were started and U.S.-Portuguese relations were strengthened during the two years Col. Barbara Jacobi commanded the 65th Air Base Wing.

"This is a great day for the men and women of the 65th Air Base Wing," said Lt. Gen. Arthur Lichte, U.S. Air Forces in Europe vice commander. "Colonel Winston, I hope the sun shines like this on every day of your command."

Wednesday morning officially marked the end of Colonel Jacobi's command here as Col. Robert Winston took the guidon and the reigns of the 65th ABW from her during a change of command ceremony that took place on the flight line near Fiddler's Green.

"I owe so many people so much and I find it hard to adequately make my thanks known in these few words of departure," she said. "Nonetheless I couldn't be more sincere in saying that everyone on the team, Portuguese and Americans alike, have been extremely professional and selfless in putting Lajes on top."

General Lichte said that while everyone contributes to the success of the mission, it's the commander who sets the standard. He also talked about

how the Lajes Combat and Special Interest Program metrics reflected in USAFE.

"This outstanding team has achieved number one in the command for 16 months," the general said.

Colonel Jacobi will make a permanent change of station move to the Pentagon, where she will be the Director of Protocol for the Chairman of the Joint Chiefs of Staff, U.S. Air Force General Richard B. Myers.

The General Lichte said that while Team Lajes was losing a trusted leader, Colonel Winston was up to the challenge.

"You're getting a great commander; you couldn't ask for a more perfect fit for the Air Force family," the general said. "His background, dedication and integrity make him more than ready for the challenge of leading this wing."

Colonel Winston comes to Lajes Field from Ramstein Air Base, Ge., where he was the vice commander of the 86th Airlift Wing.

"To the men and women of the 65th ABW, I'm proud I have this opportunity to serve as your commander," Colonel Winston said. "I'm looking forward to working with you all."

Colonel Winston is a command pilot with more than 4,700 hours in the HC-130P, C-130E/H, C-12, C-21, T-27, T-37, T-38 and F-16.

Colonel Winston's wife, Kim, and their sons, John and William, will join them here in June.



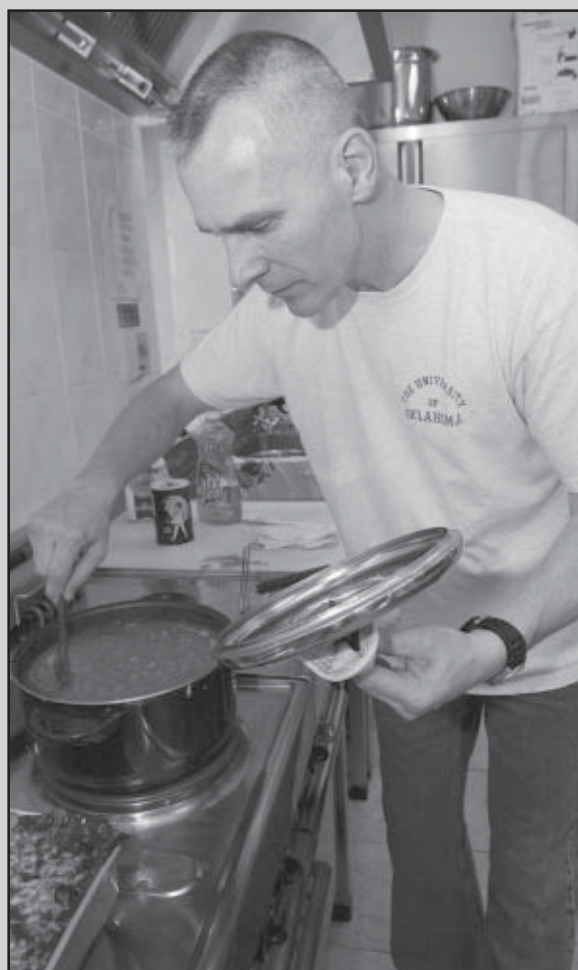
Violinist

Hannah Peralta, daughter of Victoria and Tech. Sgt. Benjamin Peralta, and Pamela Kharambura played classical and contemporary music in front of approximately 40 people Saturday at the base chapel. (Photo by Master Sgt. Michael Featherston)



Good food!

(Above) Senior Master Sgt Scott Urfer, 65th Logistics Readiness Squadron, prepares to serve a Single and Unaccompanied member during the monthly SUM dinner. Senior Master Sgt. Steve Milroy, 65th LRS, stirs the beans prior to the SUM dinner LRS hosted April 28. (Photos by Staff Sgt. Michelle Michaud)





Students participate in Speech Fest

**By Staff Sgt.
Olenda Kleffner
Crossroads editor**

About 25 students from the Lajes Middle and High School participated in the second annual Speech Fest April 29 at the base theatre.

Speeches were given on many topics from how to put a musical instrument together to historical events.

Ryan Sistrunk, a junior at the Lajes High School, said middle and high school students showed off their exceptional talents during this four-day event.

Overall the students

were delighted to participate in the Speech Fest.

"I really enjoyed Speech Fest, and I think I deserve an Oscar for my performance. Just kidding" said Lauren Timmons, an 8th-grade student at LHS. Lauren and Caley Jett, an 8th-grade student, were winners with their Spanish dialog.

"All in all it was a great week and I know I enjoyed it," said Kylie Rathbun, sophomore at LHS. "I can't wait for next year's Speech Fest. I hope that you all enjoyed it this year and will enjoy it next year too."



(Above) Zachary Powers, seventh-grader, demonstrates how to disassemble a trumpet. (Right) Brittany Russo, eighth-grader, reads poetry April 29 at the base theater during the Second Annual Speechfest. (Photos by Guido Melo)



Grog

Master Sgt. Pat McGowan, 65th Contracting Squadron, and Master Sgt. Felicia Lewis, 65th Air Base Wing, take their turn at the Grog bowl during the Enlisted Dining Out Saturday at the Top of the Rock Club. The dining out is a chance for enlisted members to celebrate their heritage at one of the oldest military traditions. The Air Force traces the start of the dining out tradition to General H.H. "Hap" Arnold and his famous Wing-Ding parties at March Field in 1933. (Photo by Staff Sgt. Michelle Michaud)



Concert

The band "Wings of Dixie" performed in front of about 150 people at the Centro Cultural of Angra Sunday. The USAF band performed for about two hours. (Above) Tech. Sgt. Steve Collins, on the trumpet, and Tech. Sgt. Steve Fitts, on the trombone, sit with the audience while they play a duet solo at the Centro Cultural de Angra. (Photos by Guido Melo)



Team Lajes members stand at parade rest during the 65th Air Base Wing change of command ceremony Wednesday at Lajes. (Photo by Master Sgt. Michael Featherston)

Lajes welcomes new commander



(Above left) Col. Robert Winston, 65th Air Base Wing commander, and his wife, Kim, cut his welcome cake during the reception after the change of command ceremony. (Photo by Master Sgt. Michael Featherston)

(Above) Members from the base honor guard salute during the National Anthem. (Photo by Staff Sgt. Michelle Michaud)

(Left) Eduardo Lima and Capt. Marc Hasberger, both from the 65th Air Base Wing, narrated the change of command ceremony. (Photo by Guido Melo)



(Top left) Lt. Gen. Arthur Lichte, U.S. Air Forces in Europe vice commander, speaks to the crowd at the change of command ceremony about the accomplishments of Col. Barbara Jacobi, Team Lajes and about incoming commander Col. Robert Winston. (Photo by Master Sgt. Michael Featherston)
 (Top) More than 500 Americans and Portuguese military members and civilians attended the ceremony Wednesday.
 (Right) Amaldo Candido sings the Portuguese National Anthem. (Photo by Guido Melo)
 (Below) Lt. Col. Kim Ramos, 65th Communications Squadron commander, stands in formation with her squadron next to the 65th Services Squadron. Every assigned squadron had a formation for the change of command ceremony. (Photo by Staff Sgt. Michelle Michaud)



Lt. Gen. Arthur Lichte, U.S. Air Forces in Europe vice commander, pins the Legion of Merit on Col. Barbara Jacobi during her medal presentation at the change of command Wednesday. (Photo by Staff Sgt. Michelle Michaud)



Saving money on phone bills

65th Communications Squadron

The 65th Communications Squadron has been working hard to come up with ways to save the wing money on official call phone bills.

From revalidation of dialing capabilities to a new cell phone billing plan, they've had several successes during the past months.

There are ways Team Lajes members can minimize phone charges for official calls.

One of the easiest ways to save money is to use DSN lines to make long distance phone calls.

If you're trying to call a company near a military base, instead of placing a direct call that is billed at international long distance rates, call the

Lajes operator to get the number to the operator of the base you need to call.

Call that operator through the DSN line and have them off-net you to the company's phone number.

This type of call does not cost the wing anything.

If direct-dial to a long-distance number is unavoidable remember to contact telephone control officer first to obtain a commercial control number, and properly document the call on the Air Force Form 1072.

A similar off-netting process can be used for toll-free numbers.

Call the Dover Air Force Base operator at DSN 445-3000 and ask them to dial the toll-free number or dial DSN: 809-4-OFF-DSN (809-463-3376).

After dialing, there will be another dial tone.

At this dial tone, enter a 1 and the toll-free number.

It's easy and it's a free call. Direct-dialing US toll-free numbers, which is still billed as a long-distance international call from Lajes, was blocked last January, so people must use one of these two methods to dial toll-free numbers.

Members with a government-issued cell phone, should use that phone to place calls to other cell phones.

Cell-to-cell calling charges are much less expensive than desk phone to cell phone calls.

These are a few simple ways to save the wing money.



(Above) Sergio Ribeiro, 65th Civil Engineer Squadron fire department, explains how the equipment works on the vehicles at the fire station to Francisco Oliveira and Zhe Shuhui, two children from the Jardim De Infancia Da Santa Casa Da Misericordia of Angra. The children were also given a tour of the fire station. (Right) Dino Sebastiao, 65th CES fire department, handed out pencils and fire hats to the children. (Photos by Guido Melo)

Day of fun



CROSSROADS

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Mom wasn't so bad after all

**By Staff Sgt Laura Holzer
Det. 6, American Forces Network**

I never thought much of Mother's Day.

I mean I still would send my mother gifts where florists, card companies and the phone company would prosper, but it was never a gift from the heart. It was something I felt I had to do because the holiday was coming.

My mother and I never had an ideal relationship.

To be honest, we could have qualified to appear on those talk shows like "My teenager need boot camp," or "Someone tame my wild child."

I just figured we were generations and worlds apart and she would never understand me. She figured I was hard-headed.

She was right.

When I joined the Air Force it was nice to get away from her rules since I was no longer "under her roof."

However, my career showed me not

only how wonderful of a woman she is... but that she is the strongest woman I know.

My mother is from Korea. She fell in love with my father who was in the Air Force.

She loved him so much she married him and left everything she had for him — her job, home, friends, family and country. She came to the United States barely knowing English.

It didn't matter because she was with a man she loved and was starting a family with him.

Sounds like a beautiful love story, but it turned to a tragedy when my father passed away when I was three-years-old. My mother was alone in a country foreign to her and had to raise a daughter.

Instead of packing her bags and heading back to her home country, she stayed in the United States. She learned enough English to find work and would walk there every day until she learned enough English to get her driver's license.

I learned all this from my aunt when I was stationed in Korea. I asked why my mother just didn't return home to her family. My aunt said because my mother thought I would have a better future in America.

Korea was my first overseas assignment and there were times I longed to go back home. I missed my country, my family and friends.

I then realized my mother gave all that up for me. She gave up everything she knew and loved so I could have a better future.

My only regret is that it took me so long to realize it.

I called my mother and asked her what she wanted for Mother's Day. I wanted to give her the greatest gift she has ever received. She told me "You are the greatest gift I've ever received."

No amount of flowers, cards or phone calls could ever express how much I love and respect my mother. But I won't forget to tell her this Mother's Day, or any other day after that.

Thank military spouses on appreciation day

**By Jennifer Wickizer
Family Support Center**

Each year, the Friday before Mother's day has been set aside to honor military spouses. The purpose of this special day is to thank military spouses for the support they provide to their family and other military families, to honor their contributions to the communities where they live, and to acknowledge the sacrifices they make every day in support of their military member and our country.

Spouses face the daily challenges of military life that often include deployments, family separations, and frequent moves. Military spouses are the ones taking care of the home-front allowing military members to successfully complete their missions.

Please take some time to appreciate the accomplishments of your spouse and thank them for accepting the

challenges of being a military spouse.

One way to demonstrate your appreciation of your spouse this Military Spouse Appreciation day is to learn their "primary love language."

Do you and your spouse speak the same love language? People express and receive love in different ways. Author Gary Chapman in his book *The Five Love Languages* identifies five distinct ways of conveying and receiving love: Quality Time, Words of Affirmation, Gifts, Acts of Service and Physical Touch.

Quality Time refers to spending time together as a couple. People who have this as their love language feel loved when they are taken out on special dates, when their spouse clears the calendar for them, or when the television is turned off in order to have a conversation.

Others prefer Words of Affirmation as a way to be shown love. Telling your

spouse how you appreciate them, encouraging them, and general words of praise and acceptance all show your love.

If Gifts are your spouse's love language, then you need to understand that for them, gifts are not simply material objects — they are expressions of your love.

If your spouse's love language is Acts of Service, they will appreciate your help more than anything. Give them a night off from cooking or other household chores. Repair that leaky faucet. Help them with the yard work. Prepare them a nice lunch to take to work.

Some people prefer Physical Touch as their love language. A simple touch on the arm, hug or backrub will convey your love to them.

Chapman also believes everyone has a "love tank," and that tank is filled by the different love languages. So, where's the needle on your spouse's love tank?

Problems occur when

spouses don't recognize each other's love language and attempt to show love in ways that are less meaningful to the other spouse. For example, consider if your spouse has the love language of Acts of Service, but you assume they would rather have gifts. They might be appreciative of your presents, but your love would be more obvious to them if you helped with household tasks. To them, a cleaned house means more than a box of candy.

Sadly, many couples look to receive love the same way they give it, misunderstanding their partner. This can lead to quarrels and hurt feelings. However, if you understand each other's love languages, you can learn to give and receive love more effectively.

So, learn your spouse's primary love language, and demonstrate love on Military Spouse Appreciation Day, and every day, in the way that they can best understand.

Local festivals

Happening this summer

The warmer weather brings the festival season to the Azores in general and Terceira Island in particular.

This is also tourist season as thousands of Azorean immigrants return to the islands to celebrate with relatives and friends. Most of the island festivals have cultural and religious origins, some dating back hundreds of years.

Each town around the island, even the smallest towns, carry out their annual festivals, in some cases more than one, to honor their patron saints at a certain time of the year.

These summer festivals usually begin with a religious procession on Sunday afternoons. The evenings are usually preempted with concerts by rock bands, folklore groups or concert bands.

Later in the week is time for one of the most characteristic traditions of the island, the street bullfights.

The ongoing Holy Ghost season will end May 22 – although there will be some sporadic celebrations throughout the summer during other festivals,— but the people of Terceira are already looking forward the Sanjoaninas Festival in Angra, the largest and the most significant cultural event on the island.

This festival attracts thousands of tourists from the Azorean communities in the U.S. and Canada, mainland Portugal and the other Azorean islands.

This year's Sanjoaninas festival will take place June 17-26 in the main streets and squares of Angra and will feature parades, concerts, expositions, sports activities and street and arena bullfights as usual.

The city of Praia will also host a similar festival Aug. 5-13.

Besides parades, concerts and other cultural activities, the festival known to the Americans as "Praia Fest," also includes a bullfight on the beach and food fair featuring cuisine specialities from various regions of mainland Portugal and an invited foreign country.

The Wine Festival usually



happens the second or third weekend of September in the wine museum in the village of Biscoitos. During the Saturday's afternoon, people gather at the wine museum around 1 or 2 p.m. and parade down to the vineyards to pick the grapes. After picking the grapes, another parade forms heading back to the museum.

Once there, participants are invited to stomp the grapes with their bare feet (the old traditional way) and taste the new wine and other season specialties.

The Terceira summer festival season ends every year during the first week of October with the festivities in the village of Lajes.

The Crossroads will publish a more detailed list of all these cultural events throughout the summer.

Festival Schedule

Here's a list of the most important upcoming festivals on Terceira Island

Sanjoaninas.....June 17-26
Praia Fest.....Aug. 5-13
Wine Festival.....2nd-3rd weekend in September
Lajes Village Festival...Oct. 1-8



Everyday Hero

Capt. Jennifer Gayle

65th Medical Operations Squadron

Duty title: Clinical nurse, family practice clinic

Job description: Assesses, facilitates, and coordinates medical care for Lajes' active duty, dependant and civilian personnel.

Time in the Air Force: Four years

Time at Lajes: 14 months

What's the best aspect of your job: The leadership development and leadership opportunities.

What are your career goals: To become a flight nurse, nurse practitioner and eventually chief nurse of an organization

Best Air Force experience: Travel and the opportunity to learn different jobs and aspects of medical care. So far I've worked in a hospital setting in pediatrics and then in the intensive care unit, and now I am in an outpatient setting.

Life goal: To retire in the Caribbean

Hometown: Chicago, IL

One word to describe you: daring

Hobbies: travel, scuba diving and enjoying the island festivities

Favorite food: Popcorn

Favorite color: Red

Pet peeve: Overflowing trash cans

No one knows I: am the oldest of five sisters

When I was growing up, I wanted to be: A vet

If I could have only one kind of food, it would be: Chicago style Garret's popcorn

The first thing I would do if I won a \$1,000,000 is: Buy a hurricane-proof home in the Caribbean



Fun run

(Above) Drew Thomas and Logan Silver finish the 5K Fun Run shoulder to shoulder. Drew is the son of Senior Master Sgts. Steve and Karen Thomas, and Logan is the son of Karen and Col. Michael Silver.

(Right) Members of the Lajes High School Boy's and Girl's soccer teams were among the more than 30 participants of the Spring 5K Fun Run Saturday. The event raised funds to off-set the cost of participating in tournaments in Germany. The fundraisers are typically held in the spring and fall. Top finishers were: 18 and under Men's; Kevin Davis, 23:43; 18 and under Women's; Ashley Timmons, 25:43; 19 and over Mens, Cliff Scruggs, 21:47; 19 and over Womens, Amanda Brust, 32:37 (Photos by Master Sgt. Michael Featherston)



Sports briefs

Chase Fitness Center

Hours

5 a.m.-2 a.m. Mon. - Fri.
8 a.m.-7 p.m. Sat. & Sun.
8 a.m.-2 a.m. down days & holidays

Fitness annex (skating rink)

6-8:30 a.m. & 4-5 p.m. Mon.-Fri.
squadron/unit use only
8:30 a.m.-4 p.m. & 5-9 p.m. Mon.-Fri. general use
8 a.m.-7 p.m. Sat., down days & holidays

Exercise classes

Lajes exercise classes restructured:

Mon. - Step w/ Val, 8:30 a.m.; Spin w/ Val, noon*; Cardio w/ Val, 4 p.m.; Step w/ Val, 5:15 p.m.; Spin w/ Célia, 5:15 p.m.*

Tues. - Spin w/ Dawn, 6 a.m.*; Circuit training w/ Val, 8:30 a.m.; Cardio kick w/ Val, 5:15 p.m.; Spin w/ Val 6:30 p.m.*

Wed. - Step w/ Val, 8:30 a.m.; Step w/ Val, 5:15 p.m.; Spin w/ Célia, 5:15 p.m.*; Body-Sculpt w/ Val, 6:20 p.m.; Yoga w/ Val, 7:30 p.m.

Thurs. - Spin w/ Dawn, 6 a.m.*; Circuit training w/ Célia, 8:30 a.m.; Cardio kick w/ Val, 5:15 p.m.; Spin w/ Val 6:30 p.m.*

Fri. - Step w/ Val, 8:30 a.m.; Spin w/ Val, noon*; Cardio w/ Célia, 4 p.m.; Spin w/ Célia, 5:15 p.m.*

Sat. - Yoga w/ Val, 9 a.m.; Circuit Training w/ Célia, 9:15 a.m.*; Spin w/ Val, 10:15 a.m.*

***Classes held at the skating rink**



Andy Hernandez, second base man for the 729th Air Mobility Squadron, misses the tag on a sliding runner.

CE wins softball tournament



Matt Gray, third base man for the 65th Civil Engineering Squadron, makes the tag on an AMS base runner in the early part of the CES tournament April 23. CE won the tournament by defeating the 65th Communicatiosn Squadron in extra innings.

The Comm catcher, Timothy Majernik, just barely misses putting the glove on a 65th Security Forces runner as he crosses home plate. After dropping a game April 23, the Comm team played up through the loser's bracket only to fall prey in an extra inning to the CE team. (Photos by Master Sgt. Michael Featherston)



Chapel services

